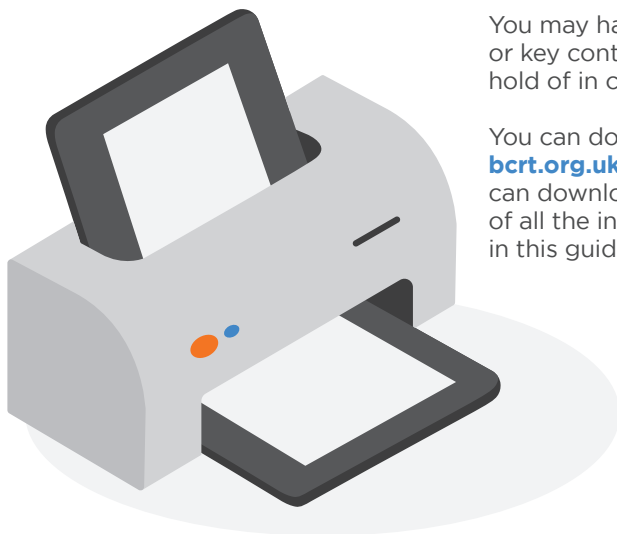# Appointments

As your treatment begins you will need to visit the hospital more frequently for your appointments.

These appointments may be to undergo certain tests or to receive your treatment - such as chemotherapy or radiotherapy. It is likely that you may need to stay in hospital for longer periods of time at some point during your treatment, which will involve staying overnight on the ward.

This section of your guide allows you to note down and keep track of your appointments.

It may also help to pin the details of your hospital, and a key contact, to somewhere obvious at home should you need to contact them in between your appointments.

You can do this by filling in and tearing out the next page, called 'My Hospital'.

You may have more than one hospital, or key contact, that you wish to keep hold of in case of emergencies.

You can do this by visiting: **bcrt.org.uk/patientguide** where you can download and print more copies of all the interactive pages you find in this guide.

My Hospital ✏️

Name	
Address	
Ward name	
Key contact	
Contact number	

On page 51 of your Step-By-Step Guide you will find a list of symptoms that may require you seeking medical advice. We suggest you keep this list and your 'My Hospital' details somewhere visible at home (the fridge is a popular spot!), in case you need this information when you are away from the hospital.

Keeping track

During your diagnosis and treatment you will require various visits to the hospital to undergo tests and scans and to receive your treatment.

These appointments may take place with different members of your medical team or even in different locations, depending on the kind of appointment you are having.

To help you keep track of this, the following pages provide you with space to write down your upcoming appointments, who they are with and where they are taking place.

Handy tips for appointments

• Note down any questions, concerns or symptoms you wish to discuss before the appointment so you remember everything you wanted to mention.

• Write it down! Better yet, bring along a family member or friend who can do this for you during the appointment while you speak with the doctor.

• Bring refreshments and some activities with you in case you have to wait longer than expected for your appointment.

• Take down the contact details of members of the team that you may wish to speak to at a later date.

Even when things are incredibly tough - keep going - sometimes it can feel like you've taken ten steps back, but then good news comes your way and keeps you going!"
Parent of patient, aged 19 at diagnosis

Name	Who with?	Where?	Notes

Name	Who with?	Where?	Notes

Name	Who with?	Where?	Notes